

BTEC Sport

Extended Certificate in Sport

Summer Task

2025 / 27



Why choose to BTEC Sport?

The sports industry has expanded over the past decade to incorporate lots of different avenues for employment from a sports performer at elite level, to a sports agent aiming to get the best deal for their client. From a sports centre manager to a sports journalist, the National Subsidiary Diploma in Sport course will provide a solid foundation from which to either seek employment or go on to Higher Education

Entry Requirements

- A 'C' grade in English is the absolute minimum requirement.
- Grade 'C' or above in Science is also required.
- GCSE PE grade 'B' or above or BTEC Level 2 Sport qualification at either at 'Distinction' (*These are highly desirable but candidates wishing to study the course will be assessed on an individual basis*)
- All students will be given a 'Suitability' Test before the October half term to ensure that they are progressing and achieving the standards expected at Level 3 (this is in-line with all other Post-16 courses and will be in the form of an assignment). Failing the Test could prevent you from continuing the course.
- You must have a keen interest in sport and the world of sport in order to study this subject.

What will you study in Year 12 & 13? How & when will you be examined?

The course consists of 4 Units over 2 years (Units listed below). The course is assessed through one external exam, graded on a Pass, Merit and Distinction basis and one externally set assignment along with 2 internally set assignments. These will be marked on a Pass, Merit and Distinction basis.

Unit No.	Unit Title	Mandatory = M Optional = O	Year Studied in	Assessment
1	Anatomy and Physiology	M	12	External (1.5hr exam)
2	Fitness Training and Programming for Health, Sport and Well-being	M	13	External (controlled assessment)
3	Professional Development in the Sports Industry	M	13	Internal (assignments)
5	Fitness testing in Sport	O	12	Internal (assignments)

Useful Websites

- www.bbc.co.uk
- www.biotopics.co.uk
- www.baalpe.org
- www.ccpr.org
- www.hse.gov.uk
- www.humankinetics.com
- www.aala.org
- www.sportengland.co.uk
- www.youthsporttrust.co.uk
- www.edexcel.com
- www.physicaleducation.co.uk
- www.sportsinjuryclinic.net

- www.ukSPORT.gov.uk

Other Resources - Newspapers & TV

All BTEC Sport students should be reading quality newspapers on a weekly basis gain up to date knowledge. The 'broadsheet' newspapers offer some excellent in-depth analysis into the world of sport from areas such as sports development and the globalisation of sport through to the latest psychology used by Premiership football managers to get the upper hand. All of this material is useful to help you build an understanding of sport and performance at an elite level.

Watching TV is essential for this subject! Being a sports fan and watching sports of all kinds will help to build an understanding of and an appreciation for lots of activities, therefore expanding your ability to analyse sport at Level 3 standard.

Enrichment Opportunities & Study Trip

- You will be invited to go on trips, as and when they become relevant and available (costs will apply and vary depending on trip).
- Work placements and Community Commitments placements within sport are encouraged to help broaden knowledge.

Equipment Required for the Course

Organisation is central to success. Please ensure to bring the following equipment to your first lesson:-

- Highlighters
- Sticky Notes
- Plastic Wallets

Combine this course with

It all depends where you want to go in the future. For example, if you want to go in to Sports Marketing or Sports Centre Management, then combining this course with Business Studies would be a good move.

However, if you are thinking along the lines of Sports Physiotherapy then combining with Biology would be a good fit. If becoming a Sports journalist is your career aspiration then combining with English and/or Media & Film would be highly recommended.

A Good Course if you want to progress to....

Higher Education Sports Course (HND, Foundation Degree or Degree level studies), Sports journalist, PE Teacher, Sports Centre Manager, Fitness Instructor, Sports Marketing, Sports Physiotherapy, Sports Psychologist, Sports Coach.....

Research Task to complete during the Summer & to be prepared ready for the start of the BTEC Extended Certificate in Sport Course

Your task is as follows:

In order to assess several aspects related to your ability to successfully complete this course, your first task is to produce a **four page, word processed document (font size 12)** which covers the following:

*Select a sport that interests you (i.e. one which you might play or compete in) and think of a recent event within this sport (i.e. UEFA European Championships). Write a report which **Describes** the event and **explains** its importance to that sport. After this, **analyse** the effect that this event has had on that sport.*

Things that will help you complete this task:

- Research (through various methods, books, internet etc.)
- The history of the event. i.e. first date the competition/event was held, venues etc.
- Previous winners of the event
- Previous stars of the event
- Notable or historical performances, who achieved them and when
- Why is the event significant to that sport?
- What does the event do in terms of recruitment, competition, marketing etc. for that sport?
- How does the staging of this sport affect the countries which host such events?

N.B. Remember to put in as much detail as you can and include pictures and diagrams where appropriate. Look at the definitions below for guidance (these are used to assess your work in BTEC Sport):

Describe = To paint a picture in words

Explain = To give reasons for (Why? Pose questions and attempt to answer them)

Analyse = To break down a complex topic into smaller parts and explain effectively. Find similarities and differences, to look at the impact of certain things and why they were significant.

Ensure you hand in a piece of work which represents your best effort. Your place on the course could depend on it. Also ensure that your presentation is up to Level 3 standard (this means that it covers all aspects of the task, is neatly presented, has been checked for errors i.e. spelling / grammar etc)